

## ALTERNATING PRESSURE PAD AND PUMP

### PATIENT GUIDELINES

Alternating pressure relief is design to assist in the prevention and treatment of pressure ulcers. By alternating the patient support areas, pressure relief is obtained and “bottoming out” is avoided.

Note: Not recommended if spinal stability is a concern. Some medical conditions may not respond to this therapy. You should inspect the patient’s skin on a regular basis for redness. Consult your healthcare provider if there is redness or a break in the skin.

Inflate pad with patient off the pad. Inflating pad should take 10 to 15 minutes. Place sheet over pad once inflated.

The most effective setting for pressure relief is high. You can perform a hand check to see if the setting can be reduced for patient comfort. Be sure to complete a hand check each time you change the settings on the pump.

Hand check: While the patient is on his/her back, slide your hand, flat and with palm up, between the pad and the mattress under the patient’s buttocks. If, at full inflation of that air cell you cannot feel the patient’s buttocks, the pad is operating properly.

### CLEANING INSTRUCTIONS

Before cleaning pump, be sure to unplug the pump. Wipe pump with damp cloth and wipe dry before operating. Do not submerge in water.

Clean the pad with a damp cloth and a mild detergent. Do not use alcohol on pad. You do not have to deflate pad to clean.

### FOR MORE INFORMATION

For more information, please call the Carle Medical Supply location nearest you.

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